

Specialties of the House

Mixed vegetable.....12.00

Stir fried seasonal vegetable in a light oyster sauce.

Upside down combination.....16.50

Braised chicken, beef & king prawns cooked in a light oyster sauce, topped with rice & creamy sauce. Chow mein noodles

Creamy seafood.....19.50

Braised king prawns, scallops, fish & squids, cooked with creamy sauce.

Szechuan Combination17.00

Braised king prawns, scallops, squid, beef and chicken cooked with chef's special sauce.

Combination with garlic sauce.....16.00

Braised king prawns, scallops, squid, beef and chicken cooked in fresh garlic sauce.

Combination with satay sauce.....16.00

Braised king prawns, scallops, squid, beef and chicken cooked in fresh satay sauce.

Duck with Plum sauce.....18.50

Deep fried boneless duck in thin batter with plum sauce

Singapore noodles.....13.70

Stir fried rice noodles with bbq pork, chicken, ham, school prawn, cooked in curry sauce.

Entrée

Spring rolls(3).....4.70

Dim sim(3).....5.30

Mixed entrée

(spring roll, dim sim, chicken cheese ball).....5.50

Prawn cocktail.....8.50

Sizzling garlic king prawn.....10.00

Hot chips.....4.00

Prawn chips.....4.00

Soup

Short soup.....5.50

Chicken & sweet corn soup.....5.50

Combination short soup (small).....9.50

(large).....15.70

Beef

Braised beef with black bean sauce.....14.40

Braised beef with garlic sauce.....14.40

Braised beef with satay sauce.....14.70

Braised beef with cashew nuts.....15.40

Mongolian beef.....15.40

Sizzling beef.....15.40

Chicken

Braised chicken with satay sauce.....14.70

Braised chicken with curry sauce.....14.40

Braised chicken with cashew nuts.....15.40

Honey chicken.....14.40

Lemon chicken.....14.40

Mongolian chicken.....15.40

Creamy garlic chicken.....15.40

Fish

Deep fried fillet fish with plum sauce.....14.20

Deep fried fish with sweet & sour sauce.....14.20

Braised fillet fish with ginger & shallot.....14.20

King Prawn

Honey king prawn.....18.00

Braised king prawn with satay sauce.....18.30

Braised king prawn with curry sauce.....18.30

Braised king prawn with garlic sauce.....18.30

King prawn vegetable.....19.30

King prawn cashew nuts.....19.30

Ballina Family Restaurant



where you belong

At Ballina Bowling & Recreation Club
68 Cherry Street Ballina NSW

Phone

66868191

Trading Hours

Lunch

Tuesday to Sunday 12 noon - 2.00 pm

Dinner

Tuesday to Sunday from 6.00 pm

Closed Monday

* Take away service *

* Special banquets for all functions *

This information is for members and Guests of
Ballina Bowling & Recreation Club

Lamb

Mongolian lamb.....17.30

Garlic lamb.....17.30

Pork

Barbequed pork with plum.....16.50

Sweet & sour pork.....14.40

Chow Mein

Braised chicken chow mein.....14.70

Braised beef chow mein.....14.70

Combination chow mein.....15.70

King prawn chow mein.....18.40

Barbecued pork chow mein.....17.90

Omelette

King prawn omelette.....19.20

School prawn omelette.....15.00

Combination omelette.....16.00

Rice

Boiled rice.....small 4.50 large 6.50

Fried rice.....small 5.70 large 7.50

Special fried rice.....small 7.00 large 9.50

Vegetable fried rice.....small 7.00 large 9.50

Extras

Cashew nuts.....4.00

Bag of crisp noodles.....3.50

All prices include GST